

CHOOSING JESUS' "I AM"
PROMISES WHEN ANGRY

>>> I am the **BREAD OF LIFE.** (John 6:35)
When I'm feeling un-fed and un-served.

>>> I am the **LIGHT OF THE WORLD.** (John 8:12)
When my anger has plunged me into darkness.

>>> I am the **DOOR.** (John 10:9)
When I believe there's no exit, no choices.

>>> I am the **GOOD SHEPHERD.** (John 10:11,14)
When I find myself lost in my anger.

>>> I am the **RESURRECTION AND THE LIFE.** (John 11:25)
When my anger has left me feeling hopeless.

>>> I am the **WAY AND THE TRUTH AND THE LIFE.** (John 14:6)
When my anger is a response to deception or lies.

>>> I am the **VINE.** (John 15:1)
When my anger has impacted my work or family life.

