

# 5 Mental Moves to Renew Your Mind

**Move One**  
Replace the lies  
with the truth.

**Move Five**  
Rejoice and praise God,  
especially in trials  
and tribulations.

**Move Two**  
Rewire your brain by  
meditation on the truth.

**Move Four**  
Remain connected to  
Christ through action and  
taking thoughts captive.

**Move Three**  
Reframe problems in  
light of God's goodness.

## **Additional Resources**

Below are Five Books that will help you in the renewal of your mind.

1. *Winning the War in Your Mind*  
by Craig Groeschel
2. *Don't Give the Enemy  
a Seat at Your Table*  
by Louie Giglio
3. *The Supernatural Power  
of a Transformed Mind*  
by Bill Johnson
4. *Switch on Your Brain*  
by Dr. Carolyn Leaf
5. *Spiritual Warfare and the  
Discernment of Spirits*  
by Dan Burke