



# REAWAKEN WEEK ONE



# CONVERSATION GUIDE

## DISCUSSION QUESTIONS

1. What did the thought audit of your last 24 hours reveal to you about your thoughts?
2. What is your reaction to the thought that you are radically responsible for your thoughts? How does that thought make you feel?
3. Where are you winning in life right now? What do you feel good about? What are the thoughts that are leading to that success?
4. Where do you feel stuck or not good about life? What are the thoughts behind those feelings or lack of progress?
5. Read 2 Corinthians 10:3-5. What about these verses resonates or sticks out to you?
6. As we kick off this series, what do you hope to get out of this series? What would most help you in your faith or in your life?

## Deeper Dive

What are your strongest thoughts right now over each of these areas: God, yourself, your family/closest relationships, work/school?

What are your thoughts on the five mental moves we will discuss in this series? Which one will be most important for you to embrace?

## From today's message, is there a...

- **Scripture** to ponder?
- **Prayer** to pray?
- **Action** to take?
- **Conversation** to start?
- **Mindset** to change?

love **God**. love **others**. make **disciples**.