

Ten Scripture Verses To Memorize and Meditate Upon

TO OVERCOME WORRY

1

Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God.

Philippians 4:6

OVERCOMING SHAME

6

There is therefore now no condemnation for those who are in Christ Jesus.

Romans 8:1

TO OVERCOME FEELING LIKE A FAILURE

2

Who shall separate us from the love of Christ? Shall tribulation or distress or persecution or famine, or nakedness, or peril or sword? No, in all these things we are more than conquerors through him who loved us.

Romans 8:35, 37

OVERCOMING HELPLESSNESS

7

I am confident of this, that the one who began a good work in me will continue to complete it until the day of Christ Jesus.

Philippians 1:6

TO OVERCOME ANGER

3

Be angry but do not sin; do not let the sun set on your anger.

Ephesians 4:26

OVERCOMING NOT FEELING LOVED

8

God demonstrates his own love for us in this: While we were still sinners, Christ died for us.

Romans 5:8

OVERCOMING WORTHLESSNESS

4

You formed my inmost being; You knit me in my mother's womb. I praise you, because I am wonderfully made; wonderful are your works!

Psalms 139:13-14

OVERCOMING THOUGHTS OF NOT BEING GIFTED

9

For we are his handiwork, created in Christ Jesus for the good works that God has prepared in advance, that we should live in them.

Ephesians 2:10

OVERCOMING HOPELESSNESS

5

The favors of the Lord are not exhausted, his mercies are not spent; they are renewed each morning so great is his faithfulness.

Lamentations 3:23-24

OVERCOMING FEAR OF THE FUTURE

10

"I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future."

Jeremiah 29:11