



## REAWAKEN WEEK THREE



### DISCUSSION QUESTIONS

1. How would you describe the difference between your thoughts, mind, and brain?
2. Do you ever stop to listen to what you say about yourself, God, or others? Have you ever examined the source or reason for those judgments?
3. What is a familiar, limiting belief you have said about yourself (or God or others)?
4. With your group, try to get to the core idea behind that statement. Now, try to find something God says about that core idea. For example, "I'm just a mess, I'll never change," or "I'm just an anxious person." What does God say about growth or anxiety?
5. Find a verse that speaks life to your spirit. Write it down and carry it with you for a week. Post it around your house. See if this process of speaking God's truth affects your mindset, outlook, or emotions, and report back next week..

### Deeper Dive

Give permission to God to reveal any wrong thinking that needs to be rewired.

Keep asking God this week what He has to say on the matter, and give the Holy Spirit time and space to reveal the life-giving path to you.

### From today's message, is there a...

- **Scripture** to ponder?
- **Prayer** to pray?
- **Action** to take?
- **Conversation** to start?
- **Mindset** to change?

love **God**. love **others**. make **disciples**.